

Where can you
find the very
best hikes,
bikes, paddles,
and outdoor
adventures in the
Finger Lakes?



gofingerlakes.org

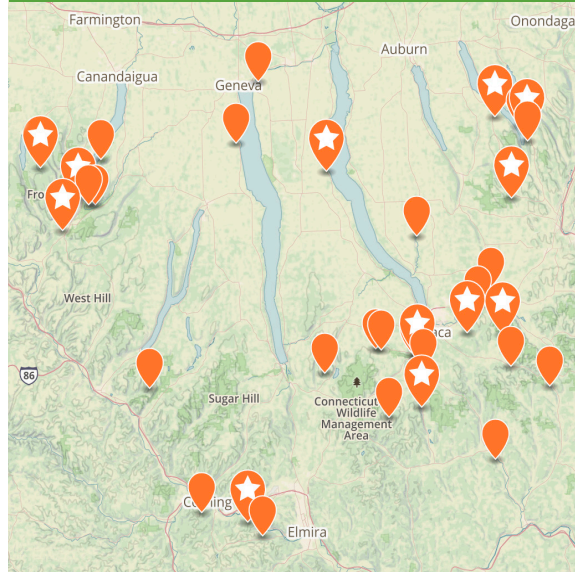
"Go Finger Lakes" is a mobile-ready web site with an interactive map featuring over 1,000 miles of trails! It is a free public service of the Finger Lakes Land Trust promoting conservation and recreation.



GOFINGERLAKES™
FINGER LAKES LAND TRUST

FLLT.ORG/MAP

Discover dozens of free nature preserves
of the Finger Lakes Land Trust



WE NEED YOU!

Help us save more land and water by
donating and volunteering



GIVE & JOIN
FLLT.ORG/GIVE



VOLUNTEER
FLLT.ORG/VOL



To conserve forever the lands
and waters of the Finger Lakes
region, ensuring scenic vistas,
local foods, clean water, and
wild places for everyone.

The Finger Lakes Land Trust (FLLT) is a nonprofit conservation organization working across 12 counties in Central New York. Since 1989, we have worked cooperatively with landowners and partners to protect some of the most treasured natural areas and open spaces in these vital watersheds. FLLT manages dozens of conservation areas that are free and open to the public for quiet recreation year-round. We also hold easements on protected lands that remain in private ownership. FLLT is supported by members, and you can help us do more!

FINGER LAKES LAND TRUST

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SIMS-JENNINGS PRESERVE AT CAYUGA CLIFFS

LANSING, NY

MAP & GUIDE



**CONSERVED FOREVER
OPEN TO ALL**

FLLT.ORG/SIMSJENNINGS



 **Acreage:** 223 acres

 **County:** Tompkins

 **Trails:** 1.8 miles

High above Cayuga Lake, the Sims-Jennings Preserve at Cayuga Cliffs protects a mosaic of meadows, woodlands, gorges, waterfalls, and panoramic views.

NATURAL HISTORY

This diverse conservation area, directly across the lake from Taughannock Falls State Park, safeguards an important viewshed for the region and helps protect Cayuga Lake's water quality by prohibiting development on its steep slopes. With over 4,000 feet of wooded bluffs above the lake, the preserve also provides outstanding stopover habitat for myriad migrating songbird species. Nearly two miles of trails guide visitors through various habitats, past cascading waterfalls and multiple creeks, with stopping points to enjoy the lake views.

HISTORY

Two hundred acres were purchased in 2021 from Lansing residents, William and Jean Sims, who sold the land to the FLLT to create the new preserve. An adjacent 24-acre parcel with frontage on Ridge Road was purchased from the family of the late John Thompson to provide safe public access.

ACTIVITIES

Hiking & Running
Cross-Country Skiing
Snowshoeing
Birdwatching

DOGS

Keep your dog on a leash and under control at all times

HOURS

Open dawn to dusk all year

POLICIES

See fllt.org/policies

LEARN MORE

See fllt.org/simsjennings for more history, natural history, photos, and an interactive map.

PHOTOS: (COVER) BILL HECHT, (L) JEFF KATRIS, (R) JEFF KATRIS



 Preserve Trails

 Parking & Trailhead
 Bench & Viewpoint